

Xtreme Krav Maga St. Louis Newsletter



March 20, 2009

Feel Strong . Feel Safe . Feel Good

Sam Sade Weapons Seminar

Saturday, May 2nd (10am - 3pm)

Don't miss the opportunity to train with one of the top Krav Maga Instructors in the world!

Sam Sade Lead Instructor of Krav Maga Worldwide in Los Angeles, CA will be teaching a 5 hour Gun Defense Seminar on Saturday, May 2nd from 10 am - 3pm at Xtreme Krav Maga St. Louis.



This seminar will fill up fast so register now...space is limited!



Pay and Reserve Your Spot Before April 1st and Receive a Signed Krav Maga Book!

Register With a Friend and You Each Save \$20!

[Click Here for Details...](#)

FREE Women's Self Defense Seminar

Sunday, April 26th (11am - 1pm)

April is Sexual Assault Awareness month, and Xtreme Krav Maga St. Louis would like to provide the community with a series of FREE women's self defense seminars.

[Click Here for Details...](#)

Krav Maga Level 1 - Yellow Belt Test

Sunday, June 7th (10am - 2pm)

Keep an eye out for your invitation for the first group of Krav Maga Level 1 students to test. There will be a 3 hour workshop and then the test. Everyone has been doing an awesome job. Keep up the great training!

* Congratulations to Steve Sulze for successfully completing his Phase B Krav Maga Instructor training at RHEK in North Carolina with Ryan Hoover.

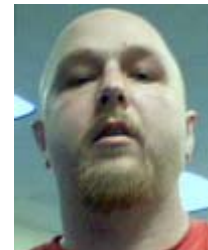
* Official Krav Maga Worldwide seasonal merchandise get yours now - Quantities are limited. [Available Here](#)

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Krav Maga News

Member of the Month



Shawn Spurlock

"Krav Maga has me helped quit smoking, regain my energy, and boost self confidence."

[Upcoming Events](#)
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Bring a Friend Week
(Week of 3/30/09)

Kids KM-x
Parents Night Out
(Friday 4/17/09 6pm-11pm)

XKM Grand Opening
Ribbon Cutting
(Saturday 5/2/09 9:30am)

[Click For News Details...](#)



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Officially Licensed Training Center with Certified Instructors by Krav Maga Worldwide