

## Xtreme Krav Maga St. Louis Newsletter



June 19, 2009

Feel Strong . Feel Safe . Feel Good

### Member Referral Contest

**Ends August 1st**

Help spread the word about Xtreme Krav Maga St. Louis to your friends and family, so that everyone can experience the awesome self defense and fitness training that gives you a total body workout you've come to love ..... Krav Maga!!

**Bring In The Most People and You Could WIN!**

**2 Cardinals tickets to Homers Landing  
Great Seats plus All you can eat food & drink!**

Ask Front Desk For Details...

### Congratulations To Our New Level 2 Students

**Sunday, April 26th (11am - 1pm)**

A group of 12 students successfully completed the 4 hour long Krav Maga Level 1 test. Congrats to our first group of new Krav Maga Level 2 students. Keep up the great training! Check [KravMaga.com](http://KravMaga.com) for your belt promotion.

**Stephen Brookins, Cathy Delgadillo, Andrew Ehret, Tom Endermuhle, Tom Flowers, Ryan Horace, Kyle Inman, Jenna Parks, Chris Ritz, David St. Lawrence, Ed White, Mark Young**

### KM-x: Kids Self Defense & Fitness Program

**Fun Activity For Children Ages 5 - 10**

- Learn Personal Safety
- Gain Self Esteem and Self Confidence
- Gain Life Skills thru motivation and exercise
- Respect, Discipline, Dedication, Sportsmanship, Teamwork

## In This Issue

- ▶ [Member Referral Contest](#)
- ▶ [New Level 2 Students](#)
- ▶ [Km-X Kids Self Defense Program](#)
- ▶ [Fenton Community Fair](#)

## Krav Maga St. Louis Ne

### New Krav Maga Apparel



**Get Yours Now!**

### Member of the Month



**Tom Flowers**

Get your children enrolled now!----- [Click Here For Details...](#)

## Fenton Community Fair

**Wednesday, June 24th (4pm - 7pm)**

Come out and support Xtreme Krav Maga and other Fenton area businesses. We will be doing a Krav Maga Self Defense demonstration plus we will have a booth setup with information about our classes, schedule, and special offers!

[Click Here For Details...](#)

### Upcoming Events Check the News & Events Page

**Grappling Tournament - (Sat. June 27th, 8 am)**

**UFC 100 Party - (Sat. July 11th 7 pm)**

**Grappling Concepts Royler Gracie Seminar - (Sat. July 18th, 12pm - 3pm)**

**Krav Maga Outdoor Training Camp - (September 11, 12, 13)**

[Click Here For Details...](#)

Check the website for updates.

\* Official Krav Maga Worldwide Merchandise...Buy Yours Now! [Available Here](#)

"Xtreme Krav Maga has helped to build my strength, stamina, and self confidence. All things I think I could have done on my own."

"Steve and Nick are knowledgeable and thorough instructors that put you to your full potential. I really enjoyed the light and friendly atmosphere of the classes as well as the cleanliness of the facility."

### **Classes will be canceled:**

**Sun- June 21**

**Wed- June 24**

**Sat- June 27- Make up Sunday am**

**Sat- July 4**

**Sat- July 25- Make up Sunday**

**Sorry for the inconvenience.**



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Officially Licensed Training Center with Certified Instructors by Krav Maga Worldwide